

Gottman Seven Principles (for Making Marriage Work) Program: Facilitator/Educator Training

Presented by Laura Heck, LMFT, The Gottman Institute

Workshop Details:

November 14, 2016

9am – 6:00pm

Location:

**BINGEMANS CONFERENCE CENTRE,
425 Bingemans Centre Dr.
Kitchener, ON**

Fees:

Early-Bird Rate: \$349 + HST*

After October 13: \$369 + HST

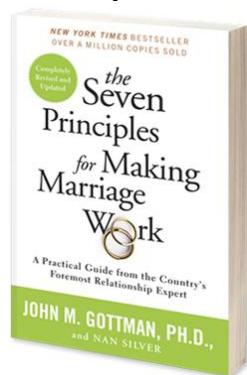
***Discounted rates available for co-facilitators from the same agency/organization**

Fee includes:

- Lunch, morning and afternoon refreshments
- The Gottman Seven Principles Program for Educators Box Set (\$225 USD value)- see description on website for more information
- "Gottman Seven Principles Program Educator" Certificate & Badge
- A \$250 USD Discount on a Gottman Couples workshop (*The Art & Science of Love*) in Seattle, presented by Drs. John and Julie Gottman

Registration

Register online at
missionempowerment.ca



About the Workshop

This experiential training day led by Laura Heck (Master Trainer for The Gottman Institute and author of the Seven Principles Companion Workbook) provides the tools and know-how to facilitate educational groups and/or classes for couples, based on Dr. John Gottman's groundbreaking book *The Seven Principles for Making Marriage Work*. Whether at your agency, church, community center, place of business, or home, the material you learn in this training can be taught by anyone interested in making a difference in couples' lives.

The training provides extensive instruction on how to lead couples through The Seven Principles, with a combination of lecture, multi-media presentations, interactive exercises, role-plays and discussion. Participants will be taught how to use Seven Principles Program materials, to teach lecture content by integrating research from The Seven Principles, and to lead couples through relationship enhancing exercises. Trainees will be able to facilitate a Seven Principles Program for couples immediately following the training.

Who Should Attend?

Social workers, clergy, educators, life coaches, community leaders, nurses, counsellors, and anyone interested in making a difference in couples' lives.

As a result of this training, you will:

- Know how to plan, budget, market and organize your own Seven Principles class or group
- Gain practical strategies for presenting the Seven Principles Program in your community
- Participate in experiential role play and practice Seven Principles Program exercises
- Learn how to present the lectures and content to your participants
- Know how to support and encourage the class
- Develop skills to handle difficult situations and make referrals
- Understand how to use box set materials to enrich the workshop experience
- Be able to market yourself as a "Gottman Seven Principles Program Educator"

mission: empowerment!

WORKSHOPS AND EVENTS THAT EDUCATE, INSPIRE AND EMPOWER